



**Intent for the Year 8 PE Curriculum 2021-2022**

‘You will understand ways that help you learn and how they improve your performance in PE.’

Students in Year 8 will develop competence in a broad and balanced offer of physical activities from a range of invasion games, net wall games, athletic and fitness-based activities, striking and fielding, aesthetic activities, outdoor and adventurous activities. All PE lessons will aim to keep students active for sustained period of time and include challenges to develop students intellectual understanding of the body as well as the moral character traits required to engage with others and be successful in achieving goals and personal targets. PE in Y8 will focus on all of the character traits but critically how **HONESTY, REFLECTION and CURIOSITY** are evident in being successful in a given physical activity. These are traits that transfer into preparing students to make a positive impact on society by improving their ability to face challenge or work with others to be successful and develop the skills needed to be socially mobile.

**Implementation:**

Students are to complete 6-week blocks in PE and Games. This will be one lesson per week each. The PE and Games blocks are to run concurrently and the activities should complement each other to provide a vehicle to develop character, inter personal relationships and social skills alongside technical and tactical aspects of the activity needed to be successful. The order students complete blocks of each activity will vary to allow maximum use of all facilities whilst allowing all to experience an appropriately broad and balanced offer.

**Curriculum adaptations as a result of the pandemic:**

*By reducing the activity blocks to 6 weeks this will allow students to access a boarder range of sporting activities as this may have been missed as a result of COVID restrictions during KS2. Terminal teacher assessments at the end of each block will enable us to identify gaps more frequently in order to make adaptations to the curriculum as and where necessary.*

<b>Enquiry/Topic/Unit:</b>	<b>Key Outcomes:</b>	<b>Character Education:</b>	<b>Assessment:</b>	<b>Vocabulary:</b>	<b>Home-Learning:</b>
<i>These activities are covered in Y8</i>	Student should understand what makes their performance effective and begin to apply strategies to ensure consistency. Students should continue or develop their involvement in a range of extracurricular activities.	<i>Understanding of how to learn in PE. The focus should be on.</i>			
Invasion Games (see Rugby, Basketball)	Students should develop the necessary skills, knowledge and	<b>Invasion games should encourage students to develop their...</b>	Ongoing <b>formative</b> assessment to be made	See relevant activity	Extracurricular club offer to students during lunch



<p>Football, Hockey, Alternative Games and Netball intent for greater detail on unit content) To be delivered in terms 1 and 2 as this allows a pathway for development into extra curricular level 2+ competition.</p>	<p><b>curiosity</b> to continue to be able to fully engage in a modified and recognised versions of games and begin to select and apply a range of increasingly relevant tactics to overcome opponents. Students should develop coordination and control when performing techniques in drill settings and show the ability to apply these into modified versions of games.</p>	<p><b>HONESTY</b> – by effectively officiating their own games. <b>REFLECTION</b> – To identify strengths and weakness of yours and others performance as a way to set goals. <b>CURIOSITY</b> – by finding out more to fill gaps in knowledge of technique, tactics and rules. <b>CREATIVITY</b> – by trying new and different things in terms of tactics, positional play of techniques.</p>	<p>by staff and this will be feedback to students during the lesson or via plenaries. Terminal <b>summative</b> assessment to be made and recorded by staff on the final lesson of a block of work.</p>	<p>specific intent.</p>	<p>time updated on school website each term to allow pathway into competitive inter school competitions and recreational activities.</p>
<p>Net wall games (see Table Tennis and Badminton intent for greater detail on unit content) To be delivered in term 1 and 2 to maximise use of available indoor space.</p>	<p>Students should develop the necessary skills, knowledge and <b>curiosity</b> to develop and fully engage in a modified and recognised version of the game. Students technical skills should become more consistently applied to become successful in competitive situations.</p>	<p><b>Net Wall games should encourage students to develop their...</b> <b>HONESTY</b> – by developing integrity by scoring games fairly. <b>REFLECTION</b> – by considering how to adapt to achieve success. <b>CURIOSITY</b> – by finding out tactics to manipulate opponents and control points and games. <b>RESILIENCE</b> – by continuing to develop a range of ways to be successful. <b>COMPASSION</b> – by understanding that others may find aspects difficult and help the to develop strategies to engage.</p>	<p>Ongoing formative assessment to be made by staff and this will be feedback to students during the lesson or via plenaries. Terminal summative assessment to be made and recorded by staff on the final lesson of a block of work.</p>	<p>See relevant activity specific intent.</p>	<p>Extracurricular club offer to students during lunch time updated on school website each term to allow pathway into competitive inter school competitions and recreational activities.</p>
<p>Aesthetic activities (see dance and</p>	<p>Students should develop the necessary skills, knowledge and</p>	<p><b>Aesthetic activities should encourage students to develop their...</b></p>	<p>Ongoing <b>formative</b> assessment to be made</p>	<p>See relevant activity</p>	<p>Extracurricular club offer to students during lunch</p>



gymnastics intent for greater detail on unit content)	<p><b>curiosity</b> to be able to fully engage in performance-based activities by... Using more advanced techniques to convey a variety of dance styles. Students should take responsibility for their actions and understand associated risks when performing and supporting trampolining. They should select and apply appropriate techniques to perform in a 6-10 bounce routine.</p>	<p><b>HONESTY</b> – To make accurate judgements on your own and others performance to identify areas to improve.</p> <p><b>REFLECTION</b> – by developing ideas for your own work based on observing others.</p> <p><b>CURIOSITY</b> – by including ideas from a wide range of stimulus.</p> <p><b>CONFIDENCE</b> – by including innovative ideas to respond to the aims of the lesson.</p>	by staff and this will be feedback to students during the lesson or via plenaries. Terminal <b>summative</b> assessment to be made and recorded by staff on the final lesson of a block of work.	specific intent.	time updated on school website each term to allow pathway into competitive inter school competitions and recreational activities.
Athletic and Health related Fitness (see Athletics, OAA and Fitness intent for greater detail on unit content)	<p>Students should develop the necessary skills, knowledge and <b>curiosity</b> to be able to understand how to fully engage in personally challenging and competitive situations. Students should begin to understand the importance for taking part in regular physical activity. Students should be able to analyse their own and others performances to be able to make improvements in athletic performance.</p>	<p><b>Athletic and fitness activities should encourage students to develop their...</b></p> <p><b>HONESTY</b> – by completing tasks in full and within the rules to ensure measurements of success are fair when shared.</p> <p><b>REFLECTION</b> – by considering how well skills were applied during performance and what could be adapted next time.</p> <p><b>CURIOSITY</b> – by finding out why things went well or badly to inform decision making and technique next time.</p> <p><b>RESPECT</b> – by working with others with empathy to help them achieve success.</p>	Ongoing <b>formative</b> assessment to be made by staff and this will be feedback to students during the lesson or via plenaries. Terminal <b>summative</b> assessment to be made and recorded by staff on the final lesson of a block of work.	See relevant activity specific intent.	Extracurricular club offer to students during lunch time updated on school website each term to allow pathway into competitive inter school competitions and recreational activities.
Striking and Fielding (see Cricket intent for greater detail on unit content)	<p>Students should develop the necessary skills, knowledge and <b>curiosity</b> to be able to fully engage in</p>	<p><b>Striking and Fielding activities should encourage students to develop their...</b></p> <p><b>HONESTY</b> – To make accurate decisions regardless of the impact on your team.</p>	Ongoing <b>formative</b> assessment to be made by staff and this will be feedback to students	See relevant activity specific intent.	Extracurricular club offer to students during lunch time updated on school website each term to



	<p>modified and recognised versions of games.</p> <p>Students should understand the rules of the games and apply them honestly together with the conventions of fair play, equality and conduct</p>	<p><b>REFLECTION</b> – by considering how you could change tactics when confronted with different challenges.</p> <p><b>CURIOSITY</b> – trying innovative ideas to see how they might impact on your own technique or tactical ideas to impact the game.</p> <p><b>RESPONSIBILITY</b> – by collaborating with their team and fulfilling the appropriate role within the game.</p>	<p>during the lesson or via plenaries. Terminal <b>summative</b> assessment to be made and recorded by staff on the final lesson of a block of work.</p>		<p>allow pathway into competitive inter school competitions and recreational activities.</p>
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**Impact:**

**Term 1:** *Students should understand how they learn and improve in a Physical environment and what type of behaviour results in a successful performance. Students should continue or begin involvement in extracurricular activities based of experience in Yr7.*

**Term 2:** *Students should have continued to develop their confidence and maintained the responsibility needed to be personally and socially successful in PE. Students should maintain regular involvement in extracurricular physical activity.*

**Term 3:** *Students should have a sound understanding of how to improve their own and others performance by reflecting on their own performance and working cooperatively with others. With all of these skills they should be ready to build aspirations and develop their resilience in Year 9.*