



# Haygrove School

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[www.haygroveschool.co.uk](http://www.haygroveschool.co.uk)

Executive Headteacher/CEO – Mrs K Canham, BA (Hons), MA  
Headteacher – Mr A Reid, BSc (Hons), MA



3<sup>rd</sup> November 2021

Dear Parents and Carers,

As a part of your child's education at Haygrove School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme along with Citizenship education.

Relationship, Sex and Health Education (RSHE) is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the coming year, your child's class will be taking part in lessons which will focus on the relationships aspect of this programme. RSHE lessons in year 8 will include teaching about healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence.

Students will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world. Alongside this, in year 8 the students will be receiving lessons about the short term and long term impact of smoking cigarettes, drinking alcohol and taking Class B drugs.

RSHE is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our RSHE curriculum.

<https://www.haygroveschool.co.uk/parents/relationships-and-sex-education.htm>

All RSHE teaching will take place in a safe learning environment and is underpinned by our school ethos and values. As a school community, we are committed to working in partnership with parents; recent parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education programme.

If you would like to find out more or discuss any concerns, we would urge you to contact us via email [office@haygrove.somerset.sch.uk](mailto:office@haygrove.somerset.sch.uk)

Yours sincerely,

Ms. G Harper

Head of Relationships, Sex and Health Education



耀华国际教育学校  
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