



Discreet and quick. If you're 11-19 it only takes one text to start making a difference. You'll get confidential advice from your School Nursing Team and you don't have to give your name if you don't want to. 07480 635516

From the 15th June 2020, Somerset County Council School Nursing is launching a new mobile health service to provide help and support to young people in Somerset and make it easier for them to get help and advice. ChatHealth is available Monday-Friday from 9am-4pm, automatic replies will be sent to any message received out of hours. For medical help and advice outside of these hours please contact your GP or call 111.

Anyone aged 11-19 can receive confidential advice on a wide range of issues such as bullying, emotional health and wellbeing, sexual health as well as illnesses.