

Intent for **PE** Curriculum 2026-2027

'All children will experience an ambitious, well-balanced and comprehensive curriculum that develops intellectual and moral character. As a result, this will improve life chances inter-personal relationships, social mobility and preparedness for employment. Our curriculum will encourage everyone to have a positive impact on society.'

Term	1a	1b:	2a	2b	3a	3b
Year 7: Students follow 4 activities as a tutor group from September – Easter and 4 activities as sets over the same time frame	Topic/unit: Badminton, Dance, Gymnastics, Hockey Rugby/ Netball, Basketball, Football, Health Related Fitness Key outcomes: Students will develop their social confidence and personal responsibility along with basic skills and knowledge of rules to engage appropriately in their PE lesson.	Topic/unit: Badminton, Dance, Gymnastics, Hockey Rugby/ Netball, Basketball, Football, Health Related Fitness Key outcomes: Students will develop their social confidence and personal responsibility along with basic skills and knowledge of rules to engage appropriately in their PE lesson.	Topic/unit: Badminton, Dance, Gymnastics, Hockey Rugby/ Netball, Basketball, Football, Health Related Fitness Key outcomes: Students will develop their social confidence and personal responsibility along with basic skills and knowledge of rules to engage appropriately in their PE lesson.	Topic/unit: Badminton, Dance, Gymnastics, Hockey Rugby/ Netball, Basketball, Football, Health Related Fitness Key outcomes: Students will develop their social confidence and personal responsibility along with basic skills and knowledge of rules to engage appropriately in their PE lesson.	Topic/unit: Students spend a full term on Athletics and half a term on OAA and Striking and Fielding Key outcomes: Students will develop their social confidence and personal responsibility along with basic skills and knowledge of rules to engage appropriately in their PE lesson.	Topic/unit: Students spend a full term on Athletics and half a term on OAA and Striking and Fielding Key outcomes: Students will develop their social confidence and personal responsibility along with basic skills and knowledge of rules to engage appropriately in their PE lesson.
Year 8 Students follow 4 activities as a	Topic/unit: Badminton, Dance, Trampolining, Hockey	Topic/unit: Badminton, Dance, Trampolining, Hockey	Topic/unit: Badminton, Dance, Trampolining, Hockey	Topic/unit: Badminton, Dance, Trampolining, Hockey	Topic/unit: Students spend a full term on Athletics and half a term on OAA and Cricket	Topic/unit: Students spend a full term on Athletics and half a term on OAA and Cricket

tutor group from September – Easter and 4 activities as sets over the same time frame.	Rugby/ Netball, Basketball, Football, Health Related Fitness, Table Tennis (development option) Key outcomes: Students will develop their understanding of what helps them learn and improve their performance.	Rugby/ Netball, Basketball, Football, Health Related Fitness, Table Tennis (development option) Key outcomes: Students will develop their understanding of what helps them learn and improve their performance.	Rugby/ Netball, Basketball, Football, Health Related Fitness, Table Tennis (development option) Key outcomes: Students will develop their understanding of what helps them learn and improve their performance.	Rugby/ Netball, Basketball, Football, Health Related Fitness, Table Tennis (development option) Key outcomes: Students will develop their understanding of what helps them learn and improve their performance.	Key outcomes: Students will develop their understanding of what helps them learn and improve their performance.	Key outcomes: Students will develop their understanding of what helps them learn and improve their performance.
Year 9 Students follow 8 activities as sets with 2 activities running concurrently from September – Easter.	Topic/unit: Badminton, Dance, Trampolining, Hockey Rugby/ Netball, Basketball, Football, Health Related Fitness, Table Tennis, Alternative Games (development options) Key outcomes: Students will build their personal	Topic/unit: Badminton, Dance, Trampolining, Hockey Rugby/ Netball, Basketball, Football, Health Related Fitness, Table Tennis, Alternative Games (development options) Key outcomes: Students will build their personal	Topic/unit: Badminton, Dance, Trampolining, Hockey Rugby/ Netball, Basketball, Football, Health Related Fitness, Table Tennis, Alternative Games (development options) Key outcomes: Students will build their personal	Topic/unit: Badminton, Dance, Trampolining, Hockey Rugby/ Netball, Basketball, Football, Health Related Fitness, Table Tennis, Alternative Games (development options) Key outcomes: Students will build their personal	Topic/unit: Students spend a full term on Athletics and half a term on OAA and Rounders Key outcomes: Students will build their personal aspirations and resilience to allow them to engage in full/recognisable versions of the activity	Topic/unit: Students spend a full term on Athletics and half a term on OAA and Rounders Key outcomes: Students will build their personal aspirations and resilience to allow them to engage in full/recognisable versions of the activity

	aspirations and resilience to allow them to engage in full/recognisable versions of the activity.	aspirations and resilience to allow them to engage in full/recognisable versions of the activity.	aspirations and resilience to allow them to engage in full/recognisable versions of the activity.	aspirations and resilience to allow them to engage in full/recognisable versions of the activity.		
Year 10 Students opt to follow an activity pathway each full Term to include 4 activities. HRF is compulsory and runs alongside their term on RSHE.	Topic/unit: 1. RSHE / Gym 2. Bad/Hock 3, Foot/Basketball 4Netball/ Table Tennis Key outcomes: Students will gain an understanding of health (mental, social and psychological) whilst developing strategies to cope and flourish.	Topic/unit: 1. RSHE / Gym 2. Tramp/Foot 3. Table Tennis/Trampolining 4. Hockey/Dance Key outcomes: Students will gain an understanding of health (mental, social and psychological) whilst developing strategies to cope and flourish.	Topic/unit: 1.Bad/Foot 2. RSHE/Gym 3. Tramp/Bad 4.TT/ Dance, Key outcomes: Students will gain an understanding of health (mental, social and psychological) whilst developing strategies to cope and flourish.	Topic/unit: 1.Bad/Foot, 2. RSHE/Gym 3. Tramp/Bad 4.TT/Dance Key outcomes: Students will gain an understanding of health (mental, social and psychological) whilst developing strategies to cope and flourish.	Topic/unit: 1.2. 3. Students opt to follow a block of work on Rounders, Softball or Tennis 4. RSHE/Gym Key outcomes: Students will gain an understanding of health (mental, social and psychological) whilst developing strategies to cope and flourish.	Topic/unit: 1.2. 3. Students opt to follow a block of work on Rounders, Softball or Tennis 4. RSHE/Gym Key outcomes: Students will gain an understanding of health (mental, social and psychological) whilst developing strategies to cope and flourish.
Year 11 Students opt to follow an	Topic/unit: 1. RSHE/Fitness	Topic/unit: 1. RSHE/Fitness 2. Basketball/Football	Topic/unit: 1.AG/TT	Topic/unit: 1.AG/Fit	Topic/unit: Exam season	Topic/unit: Exam season

activity pathway each full Term to include 4 activities. HRF is compulsory and runs alongside their term on RSHE.	2. Badminton/Table Tennis 3. Football/Netball 4. Table Tennis/Basketball 5. Dance/Hockey Key outcomes: Students understand how and why healthy lifestyle choices can have a positive impact on their life and potentially influence their social mobility.	3. Dance/Trampoline 4. Hockey/Netball 5. Trampoline/Badminton Key outcomes: Students understand how and why healthy lifestyle choices can have a positive impact on their life and potentially influence their social mobility.	2.Fit/BB 3. Tramp/Hock 4. Foot/Tramp Key outcomes: Students understand how and why healthy lifestyle choices can have a positive impact on their life and potentially influence their social mobility.	2.Foot/Hock 3.Foot/Bad 4.AG/Dance Key outcomes: Students understand how and why healthy lifestyle choices can have a positive impact on their life and potentially influence their social mobility.	Students opt on a lesson by lesson basis to take part in a practical option or to prepare for their exams. Key outcomes: Students Wellbeing to prepare for their exams appropriately.	Students opt on a lesson by lesson basis to take part in a practical option or to prepare for their exams. Key outcomes: Students Wellbeing to prepare for their exams appropriately.
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