



Intent for *Food Preparation and Nutrition* Curriculum 2026-7

‘All children will experience an ambitious, well-balanced and comprehensive curriculum that develops intellectual and moral character. As a result, this will improve life chances, inter-personal relationships, social mobility and preparedness for employment. Our curriculum will encourage everyone to have a positive impact on society.’

Term	1a	1b:	2a	2b	3a	3b
Year 10	Topic/unit: Food Provenance Fruit and Vegetables. Key outcomes: <i>Classification, Provenance, Cooking Preservation, Comparing nutritional values, Food science investigation</i>	Topic/unit: Dairy Products Key outcomes: <i>Classification, Provenance, Nutritional values, Food science investigation</i> <i>Demonstrate different preparation skills and cooking methods.</i>	Topic/unit: Cereals Key outcomes: <i>Classification, functional properties, provenance, Preservation, Food Safety, Demonstrate different preparation skills and cooking methods.</i>	Topic/unit: Meat, Fish, Poultry and Eggs Key outcomes: <i>Classification, Food Safety, nutritional value, demonstrate different preparation skills and cooking methods.</i>	Topic/unit: Butter, oils, margarine, sugar and syrup Key outcomes: <i>Classification, composition and function of fats, oils and sugars, Nutritional value, Food science</i>	Topic/unit: Soya, tofu, beans, nuts, seeds Key outcomes: <i>Classification, Nutritional value, food safety, demonstrate different preparation skills and cooking methods.</i>
Year 11	Topic/unit: <i>The Food Investigation assessment (NEA1)</i> Key outcomes: <i>Practical skills and theoretical knowledge for NEA1</i>	Topic/unit: <i>The Food Preparation assessment (NEA2)</i> Key outcomes: <i>Investigation and planning stage;</i>	Topic/unit: <i>The Food Preparation assessment (NEA2)</i> Key outcomes: <i>prepare, cook and present their work alongside continued completion of written work.</i>	Topic/unit: <i>The Food Preparation assessment (NEA2)</i> Key outcomes: <i>The completion of the NEA2 written work focusing upon the analysis and evaluation of the practical task.</i>	Topic/unit: Preparation and revision of topics The written exam (component 1) Key outcomes: <i>Written exam</i>	Topic/unit: Preparation and revision of topics The written exam (component 1) Key outcomes: <i>Written exam</i>