

Useful resources

www.bbc.co.uk/education/levels/z4kw2hv

www.educationquizzes.com/ks3/

www.thecompleteuniversityguide.co.uk/universities/last-minute-revision-tips-for-exam-success/

www.cgpbooks.co.uk/interactive_tips_exam

www.bbc.co.uk/schools/parents/helping_with_exams/

*Get started early with the planning.
Contact your child's teacher or tutor
if you have any concerns.*



The day of the exam:
Get your child up in good time
Try to stick to the daily routine as much as possible. Children feel secure by sticking to a routine. Make sure they have a good breakfast. Toast, cereal, fruit or yogurt are a good starting point. Get them to school on time!
Double check they have all the equipment they need for the day.

KS3 Exam preparation for parents



Haygrove School



KS3 Assessment windows

The KS3 assessments are an important part of your child's education. They allow the student, parents and teacher to see how much progress is being made, areas of strength and topics which may need more work. It also allows the school to provide support for students who may be finding school a bit harder.

It is also important that your child gets familiar with the exam system as soon as possible. All the qualifications that they will be doing later in life will require some form of exam, be it a written assessment or a practical exam. This can be very intimidating if they have not experienced it before. While we try to make the exam experience as close to the real thing as possible, we also do not want your child to be unduly upset by it. Careful preparation can make this time far more beneficial for students.

How can you help?

Your child will be receiving lots of tips and information about how to study in school. Here is a summary of things that you can do to help.

Revision

This has got to be active. Passively looking through a book is not productive revision. Your child might learn best by answering questions, talking about the topic, making mind maps or diagrams or something else. Work with them and encourage them to try different things for themselves.

Space

Revision will need peace and quiet. Try to allow your child a space in the house where they can shut out the noise and distractions of the rest of the house. Many revision activities can be done online, but only if the pull of Facebook and Snapchat doesn't get in the way! Try to monitor what they are doing if they are on the internet.

A healthy diet and plenty of water will help concentration and study power. Lots of fruit and veg along with regular meals will provide lots of energy for study.

Routine

A calm and familiar routine will help your child feel relaxed in the run up to the exams and on the morning of the exams themselves. Make sure they are going to bed at a reasonable time, that they are eating well, getting up in time and not taking on too many other activities at this time. At Haygrove we value the entire child, including all the things that they do outside of school, but we also realise that sometimes work has to be prioritized over fun.

Balance

It is all about balance. There is a fine line to get used to between work and fun. Both are needed for a healthy child.

Listen

During this time it is likely that your child will have worries and concerns. This is perfectly normal as they want to do their best. Try to make time to listen to them, even if there is nothing you can do to help, sometimes talking is all that is needed. If there are any concerns that could be addressed by the school, pass them on to your child's form tutor.