

# FOOD GLORIOUS FOOD

## Aspens



## Great tasting healthy food

We are the company chosen to provide your school meal service from January. We specialise in providing catering for schools and are passionate about serving fresh, high quality and locally sourced food that is cooked in our kitchen.

This leaflet gives an overview of our catering service so you know what to expect when you come to visit.

## WHAT'S ON THE MENU?

We have a range of food and drinks available at different times of the day.

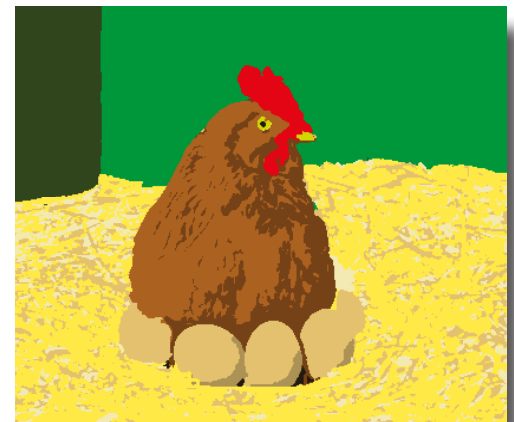
The dining room is open at mid morning break to fill the gap and at lunchtime, so make sure you pay us a visit at some point throughout the day.

### Our Commitment to Food Allergens

We ensure our teams are kept up-to-date with the knowledge to cater for different requirements but encourage our customers to talk to us so we can work together to provide meals that are safe for them to eat.

We use British, Red Tractor Farm Assured meat, fish from sustainable sources, free range eggs and locally sourced fruit and vegetables.

The food children eat at school plays an important role in their wellbeing, and eating a well-balanced diet will not only maintain and improve their health, but also set them on the right track for later life.



**World KITCHEN**

**THIS WEEK'S MENU**

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|---|---|---|---|
| <b>SPAGHETTI BOLOGNESE</b><br>GARLIC BREAD             | <b>PIRI PIRI CHICKEN THIGH</b><br>TEX MEX RICE        | <b>ROAST PORK</b><br>ROAST POTATOES<br>APPLE SAUCE<br>GRAVY               | <b>THAI RED TURKEY CURRY</b><br>WHOLEGRAIN RICE | <b>FISH FINGER WRAP</b><br>TARTARE SAUCE & WEDGES |
| <b>SHEPHERDESS PIE</b><br>MINTED LEEK & POTATO TOPPING | <b>FETA &amp; BEETROOT BURGER</b><br>CHARGRILLED CORN | <b>BASIL INFUSED PENNE PASTA</b><br>CHESTNUT MUSHROOMS & ROASTED TOMATOES | <b>TRIPLE LOADED MAC &amp; CHEESE</b>           | <b>VEGETARIAN FRANKFURTER</b><br>WITH SIDES       |
| <b>STEAMED LEMON SPONGE</b><br>LEMON DRIZZLE           | <b>TRADITIONAL FRUIT TRIFLE</b>                       | <b>COCONUT BAKED RICE PUDDING</b><br>JAM                                  | <b>BANOFFEE CHEESECAKE</b>                      | <b>CHOCOLATE &amp; BEETROOT BROWNIE</b>           |

WEEK ONE  
17<sup>TH</sup> APRIL, 8<sup>TH</sup> MAY, 29<sup>TH</sup> MAY, 19<sup>TH</sup> JUNE, 10<sup>TH</sup> JULY 2017

**Aspens**

**WORLD KITCHEN**

World Kitchen is our traditional hot food offer. Our exciting weekly menu is based on food from around the world and includes a range of hot and tasty puddings.

**Free School Meals**

You may be entitled to them.  
Visit  
[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

# World Kitchen Sample Menu


## HOT DELI

Our range of hot deli items includes hot marinated chicken wraps, paninis, topped jackets, freshly prepared pizza slices and fresh pasta with a variety of homemade sauces.



## Cold Deli

We have a great range of homemade savoury and sweet items. Choose from our freshly baked baguettes, rolls, wraps, sandwiches and salads. For afters ... a range of cold desserts, homemade cakes, biscuits and fruit pots will be waiting!



Sample the tastes of the States with our American dishes.

**Aspens**

www.aspens-services.co.uk

We have a range of meal deals on offer every day. Whether you fancy something hot or you are in a hurry and want to grab and go – there will be a deal for you.

## Promotions and DEALS

